

# Healthy Lemonade

## Ingredients

- ¼ cup apple cider vinegar
- ¼ cup lemon juice
- ⅛ tsp sweetener



First, you need to find a glass pitcher. It needs to be glass because the essential oils will ruin the plastic.



Add the lemon juice, vinegar, and sweetener to the pitcher with ice.



Last, fill the rest of the pitcher with water. Add essential oil of your choice.